

# Border Eagle

Laughlin Air Force Base, Texas ... Together we 'XL'



## Newsline

A glance at news affecting Laughlin



### Pilot graduation

The graduation ceremony for Specialized Undergraduate Pilot Training Class 00-01 is 10 a.m. today at the Operations Training Complex auditorium.

The guest speaker is Lt. Gen. Dave McIlvoy, Air Education and Training Command vice commander.

### Daylight saving

Base members are reminded to set clocks back one hour Saturday night before bed. Daylight Saving Time ends at 2 a.m. Sunday.

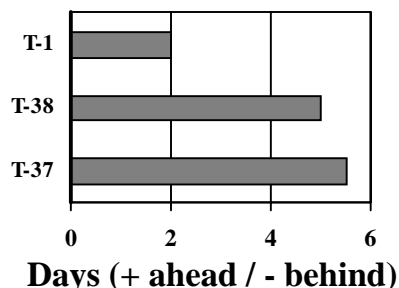
### Fun run moves

The starting point for Saturday's Halloween Fun Run has moved to the base exchange parking lot. Registration begins at 8:30 a.m.

### 47 FTW mission status

(As of Oct. 27)

#### Student Timeline



Sorties flown in FY 00:  
1020

Hours flown in FY 00:  
1531.3

Pilot wings earned in FY 00:  
0

Pilot wings earned since 1963:  
11,361

## CES, EAST, Inc., team up to improve flightline here

By Airman Brad Pettit

Staff writer

A team of 14 employees from the 47th Civil Engineering Squadron and Eagle Aviation Services and Technology, Inc., are currently repainting more than 20 miles of fading Laughlin flightline to meet Air Force safety standards.

Since Oct. 2, these employees have worked weekends and holidays, and will continue to do so until the project is completed in December.

The flightline facelift is projected to cost only \$40,000, compared to the \$75,216 that an independent contractor charged for the same job three years ago. This project is also moving at a faster-than-expected pace and is on-line to be com-

pleted nearly a month earlier than it was last time.

"All of the yellow striping on the flightline contains reflective beads, which makes it necessary for the workers to paint the lines on by using hand rollers," said Michael Briedwell, planner and job coordinator for EAST. "This tends to slow the operation down a bit. Also, the runway striping is made of rubber tape and needs to be sanded down to make the painting possible, which also slows the pace, but allows us to do a more thorough job than was done last time."

Despite these speed inhibitors, the volunteers continue to stay ahead of schedule. "The workers have been providing

**See 'Paint,' page 9**



Courtesy photo

Fernando Valadez, EAST, Inc., paints a line on the flightline in front of a T-38 Talon during a recent weekend work shift.

## CSAF survey gets extension

RANDOLPH AIR FORCE BASE, Texas – The deadline for taking the Air Force Chief of Staff Survey has been extended to Nov. 12.

Officials said Tuesday the need to collect as much data as possible was paramount to the success of the survey. That said, the success of gathering information through the use of the World Wide Web and the CSAF Survey's web site has been unprecedented, according to one official.

"The turnout has been amazing," said Capt. Pete Berg, CSAF Survey team. "In the first five days, we had 50,000 people turn in a survey via the Web. And these were people who persevered through some initial difficulty we had. It's a testament to people wanting to make positive change and let their voice be heard by the Air Force Chief of Staff."

The Laughlin homepage features a hot link to the survey, located at the bottom right hand corner of the page. The page is at <http://www.laughlin.af.mil>.

(AFPN)



Photo by Jim Teet

### Continued peace

Col. Len Jarman, 47th Flying Training Wing vice commander, and General de brigada Sergio Lopez, Mexican Army Garrison of Ciudad Acuna commander, shake hands on the international bridge over Lake Amistad Oct. 22. The greeting at the bridge is an annual event that signifies the spirit of peace between the United States and Mexico.

*t h e* **inside scoop**

#### Commander corner ...

Lt. Col. Sharon B. Wright, 47th Medical Operations squadron commander, explains seeking "XLence."

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#### Winners, graduates ...

Photos of the base quarterly award winners and graduates of the Community College of the Air Force.

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#### Fitness tests ...

Air Force adheres to Department of Defense directives with implementation of new fitness tests.

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# Commander

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## *Embracing the standard or excellence in our day to day lives*

By Lt. Col.  
**Sharon B. Wright**  
47th Medical Operations  
squadron commander

It's always great arriving at a new assignment. It's a time to put the past behind and begin anew with new people with different goals and challenges. The thing that got my attention about Laughlin was the commitment to "XL" at everything. The hospitality and camaraderie that exists throughout this wing and extends into the Del Rio community further inspired me. These assets are very refreshing. Aristotle said, "We are what we repeatedly do. Excellence, then, is not an act - but a habit."

Our quest for continued personal and professional XLence, and doing so with harmony between our private lives and careers seem to be common denominators for all of us. One source to contribute to this process of XLence begins with a number one international bestseller authored by Stephen Covey... The 7 Habits of Highly Effective People. One reading is just not enough! We all realize that reading a book on bicycle riding and saying "been there - done that" doesn't quite cut it, if we have not taken the time to buy a bike and ride until our skills become second nature.

You already know what it takes to be a good bike rider...

Revisiting Covey's seven habits will enhance our personal effectiveness, reopen our minds to the 'permanent things' such as values, family, relationships and effective communication. Better yet, we will get added wisdom and power to take advantage of the opportunities for solving those personal and professional dilemmas. The pointed anecdotes and penetrating insights are very helpful for internalizing an empowering philosophy that energizes people and produces leaders at all levels.

So, here are the seven habits applied.

Habit 1: Be proactive. Lemons become lemonade, obstacles become stepping stones, and crises become opportunities. Covey describes the habit of proactivity as more than merely taking initiative. Highly proactive people recognize their ability to choose their responses rather than becoming reactive.

Habit 2: Begin with the end in mind. Every command, wing and group has a published vision and mission statement that gives personnel a clear understanding of where we are going. Leadership precedes man-

agement in Habit 2. Efficiency in climbing the ladder of XLence is management, while determining whether the ladder is leaning against the right wall is leadership.

Habit 3: Put first things first. Covey's single phrase on time management... "Organize and execute around priorities." E. M. Gray spent much of his lifetime searching for the one denominator that all successful people share and found one factor that transcended good luck, hard work, or astute human relations... the essence of putting first things first. "Things which matter most must never be at the mercy of things which matter least." (Goethe)

Habit 4: Think win/win. "We have committed the Golden Rule to memory; let us now commit it to life." (Edwin Markham) Beware! If we talk win/win, but reward win/lose, we will have a losing program to salvage.

Experience teaches that we get what we reward.

Habit 5: Seek first to understand, then to be understood. We learn to listen deeply to other people

and to cue on the tremendous differences in perception. Covey challenges us to explain the other person's point of view to their satisfaction, before expressing our view.

Habit 6: Synergize. Simply put, the whole becomes greater than the sum of its parts. Valuing the differences is the essence of synergy. Sameness is uncreative. Problem solving involves creativity. The very

**See 'Wright,' page 9**

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***Together, Everyone Achieves More (TEAM) at Laughlin, because you embrace the standard of XLence.***

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## Actionline

Call 298-5351

when appropriate.

If your question relates to the general interest of the people of Laughlin, the question and answer may also be printed in the *Border Eagle*. Before you call the Actionline, please try to work the problem out through the normal chain of command or directly with the base agency involved.

Thanks for your cooperation and I look forward to reading some quality ideas and suggestions.

*Wipw. Scott III*

**Col. Winfield W. Scott III**

47th Flying Training Wing commander



AAFES	298-3176
Accounting and Finance	298-5204
Civil Engineer	298-5252
Civilian Personnel	298-5299
Commissary	298-5815
Dormitory manager	298-5213
Hospital	298-6311
Housing	298-5904
Inspector General	298-5638
Legal	298-5172
Military Personnel	298-5073
Public Affairs	298-5988
Security Forces	298-5900
Services	298-5810
Equal Opportunity	298-5400
FWA hotline	298-4170

**C**all: I am a base employee and use the golf course. I've seen people at the course letting their kids drive golf carts. The other day when I was at the course I was approached about a driver's license and given a hard time about it. This policy is not posted anywhere on the course, that I am aware. It seems that the employees who work inside are always trying to give me a hard time. Could you please look into this matter? Thank you.

**R**esponse: AETC supplement to Air Force Instruction 34-116 states "...authorized customers (of the golf course) must be at least 16

years of age and possess a valid driver's license to rent and/or operate a golf cart." This policy is not posted on the course itself; however, it is posted in the club house and next to the cash register used to sign out golf carts. It's not our intent to give anyone a "hard time." This rule exists to protect our customers and government equipment. When it appears this rule is being broken, we will follow up to ensure the driver is old enough and has the proper identification. We apologize if you feel we have treated you unfairly, but we must enforce this policy for the safety of all who use the golf course. At times we may not actually witness a child driving a cart. Keep in mind, re-

sponsibility for damages caused by children driving golf carts rest with the adult who let them drive it.

We hope this addresses your concern and would also like to thank you for using the golf course.

**C**all: Recently, I was involved in a near-fatal car crash. The emergency room doctor at Val Verde Medical Center said I probably wouldn't make the Medevac flight to San Antonio.

Word of my accident spread like wildfire throughout my place of employment, Club XL, and throughout the entire base. I was told many cried because

they thought I wouldn't make it.

All of these people began to gather for me in prayer. In fact the outpouring of care, concern and prayer was so strong that God gave me a second chance at this life. I really had no idea how many people cared about me until this horrible accident. Nor, did I realize how powerful the strength of prayer could be.

There are so many of you throughout the Laughlin and Del Rio community who need to be thanked, and I'm sure I'll never know who all of you are. Please just let me say, Thank you all for everything you've been doing for me. I love you all.

Sincerely, Glo Molina



## Border Eagle

Col. Winfield W. Scott III  
**Commander**

1st Lt. Angela O'Connell

**Public affairs officer**

Senior Airman Mike Hammond

**Editor**

Airman Brad Pettit

**Staff writer**

(Flag design: Staff Sgt. Marc Barnes,  
7th Bomb Wing, Dyess AFB, Texas.)

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### Deadlines, Advertising

News for the Border Eagle should be submitted to the 47th Flying Training Wing Public Affairs Office, Bldg. 338, Laughlin AFB, TX, Ext. 5262. **Copy deadline is close of business each Thursday the week prior to publication.** Advertising should be submitted to the Del Rio News-Herald, 2205 Bedell, Del Rio, TX, 774-4611. Advertising should be submitted by 4 p.m. each Friday. Submissions can be E-mailed to: michael.hammond@laughlin.af.mil or reginald.woodruff@laughlin.af.mil

Visit Laughlin's website at <http://www.lau.aetc.af.mil/>

***"Excellence –  
not our goal, but  
our standard."***

– 47 FTW motto

## Safety Stats

As of Oct. 26  
(Fiscal Year)

	'00	Total '99
On-duty mishaps	0	5
Off-duty mishaps	1	12
Traffic mishaps	0	2
Sports & Rec mishaps	1	6
Fatalities	0	0

# Quarterly award winners announced Monday

*Base selects the following military and civilian members as the best in their categories for the third quarter:*



**1st Lt. Terry W. Williamson**  
47th Medical Support Squadron  
*Company Grade Officer*



**Capt. Maria C. Marion**  
87th Flying Training Squadron  
*Instructor Pilot*



**Senior Master Sgt. David G. Boseman**  
47th Operations Support Squadron  
*Senior NCO*



**Staff Sgt. Sheri A. Sonier-Robinson**  
47th Mission Support Squadron  
*NCO*



**Airman 1st Class Leah A. Barrios**  
47th Civil Engineering Squadron  
*Airman*



**Angie L. Maley**  
47th Comptroller Flight  
*Civilian, Category I*



**Barbara J. Voss**  
47 CPTF  
*Civilian, Category III*



**Elvia R. Kohler**  
47th Services Division  
*Nonappropriated Funds, Category I*



**Pearlene Livingston**  
47th Services Division  
*NA F, Category II*



**Rubin Salinas**  
47 CES  
*Health/Safety Contributor*



**Senior Airman Kenneth Legarda**  
47 CES  
*Honor Guard Member*



**2nd Lt. Ralph C. Murdock**  
47th Support Group  
*Volunteer*

***Douglas R. Morin, Laughlin Civil Service Aircraft Maintenance, was the Civilian Category II winner, but was unavailable for picture.***

## Six members earn degrees through Community College of the Air Force

**By Bob Carpenter**  
*Education services flight*

Six Laughlin members satisfied degree requirements for the Community College of the Air Force, and were recognized at a graduation ceremony held at Club Amistad Tuesday. The graduates received an associate of applied science degree in their particular area of expertise. Those graduating and their degree majors follow:

**Master Sgt. James D. Bain:** *Personnel Administration;*

**Senior Airman Michelle A. Bosarge** (Separated): *Contracts Management;*

**Master Sgt. James D. Donnett:** *Personnel Administration;*

**Chief Master Sgt. Douglas Baskin:** *Personnel Administration;*

**Staff Sgt. Matt Muldowney** (Separated): *Financial Management;*



**Baskin**



**Bosarge**



**Donnett**

**Staff Sgt. Deana Shupe** (PCS): *Electronic Systems Technology.*

Friends, family members, commanders, supervisors, and co-workers attended the graduation ceremony as a show of support for those graduating.

Master Sgt. Shirley Simon, 47th Support Group first sergeant,  
**See 'CCAF,' page 5**

## The *XLer*

**Hometown:** Carefree, Ariz.

**Family:** Husband, Randy; two cats, Daedalus and Tahawus; puppy, Grindel.

**Time at Laughlin:** 7 months.

**Time in service:** 10 years.

**Why did you join the Air Force?** My dad flew in the Army Air Corps, and I was bit by the flying bug early on. The Air Force provides me the opportunity to give back to all the people who fought so I can live in a free country.

**Name one way to improve life at Laughlin:** Offer a weekend shuttle bus to San Antonio.

**Greatest accomplishment:** First U.S. woman to graduate from Euro-NATO joint jet pilot training at Sheppard Air Force Base, Texas.

**Long-term goals:** To become an astronaut.

**Hobbies:** Water sports, hiking and theatre.

**Favorite food:** Tortellini gorgonzola.

**Favorite beverage:** German wine and beer.

**Bad habit:** Too competitive.

**Motto:** If you can't laugh at yourself, everyone else is laughing at you.

**If you could spend one hour with any person in history, who would it be and why?** My dad.



Photo by Airman Brad Pettit

**Capt. Amy Young**  
84th Flying Training Squadron

## Chapel Schedule

### Catholic

-Daily Mass 12:05 p.m.

-Saturday Mass 5 p.m.

-Sunday Mass 9:30 a.m.

-Confession 4:15 - 4:45 p.m.

Saturday, or by appointment.

-Choir 6 p.m. Thursdays.

-Sunday school 11 a.m.,  
religious education building.

fellowship hall.

-Sunday School, 9:30 a.m.,  
religious education building.

-Awana, Wednesdays from 6 -  
7:30 p.m.

(For more information on  
AWANA, call Anthony or Nedjra  
Russell at 298-7504).

### Jewish

- Max Stool

219 West Strickland St.

Del Rio, Texas

Phone: 775-4519

### Protestant

-General worship 11 a.m.

-Bible study video luncheon  
11 a.m. Thursday, chapel

*For more information on chapel events and services, call 5111.*



**‘CCAF,’ from page 3**

was the guest speaker. She and Col. Len Jarman, 47th Flying Training Wing vice commander, presented the diplomas.

The Community College of the Air Force offers Air Force enlisted personnel an opportunity to earn a regionally accredited college degree in their area of expertise. It can be earned only while an individual is on active duty or in the active reserve. It must be completed prior to separation, retirement, or commissioning. Air Force officers and civilian personnel are not eligible to participate in a CCAF degree program.

Enlisted members are encouraged to take credit for the training they have received as a member of the United States Air Force. The Community College of the Air Force documents your training and education with an official transcript. In the labor market, education, knowledge and training are recognized through credentials, and the CCAF

makes those credentials available to any enlisted member who wants to take advantage of the opportunity.

A CCAF degree is unique. The CCAF, along with the U.S. Air Force Academy and other military academies, is a federally chartered degree-granting institution. It is the only federally chartered institution that awards an associate degree to enlisted personnel, and is also the world’s largest community college.

CCAF degree programs require a minimum of 64 semester hours – consisting of physical education, technical education, general education, leadership, management, military studies and electives. Because credit can come from different sources (Basic Military Training, Technical School, DANTES and CLEP tests, Professional Military Education and college courses, it is amazing how many college credits many people have without even being aware of it.

Four semester hours are earned upon graduation from

basic military training. Credit from technical school will vary, depending upon the length of the school. However, after technical school, while becoming more skilled, an individual also earns four semester hours upon completion of the next skill level.

CCAF accepts credit in transfer for courses completed at regionally accredited civilian colleges and universities. The Air Force may pay up to 75 percent of your tuition for classes taken on your off-duty time.

The Air Force has a tradition of excellence and encourages education for enlisted personnel. Air Force high-tech jobs require a professional, well-trained force. CCAF helps the Air Force meet its mission requirements, and it will help you meet your personal goals to build a better future.

For more information about the Community College of the Air Force and how you can obtain an associate of applied science degree, contact the Education Services Flight at 5545, or stop by building 316.

## New arrivals

*Recent additions to Laughlin families are:*

**Brandon A. Melillo**, a 7-pound, 7-ounce boy born Oct. 4 to Airman 1st Class Gary and Patty Melillo, 47th Operations Support Squadron. Brandon joins a brother, Kory, in the Melillo family.

**Soren W. Fannesbeck**, an 8-pound, 5-ounce boy born Oct. 6 to 2nd Lt. Nathan and Lisa Fannesbeck, 47th Civil Engineering Squadron. Soren joins a sister, Natalie, in the Fannesbeck family.

**Brooke A. McKeever**, a 6-pound, 9-ounce girl born to Airman 1st Class Jonathan McKeever, 47th Medical Operations Squadron, and Airman 1st Class Calene McKeever, 84th Flying Training Squadron. Brooke is the McKeevers' first child.



# Halloween presents opportunity to exercise freedom to choose

By Chaplain (Lt. Col.)  
**James Hough**

*47th Flying Training Wing chaplain*

Each year on Oct. 31, Halloween is observed across America. For some Americans, it is a time for fun to dress up in a costume and go to a Halloween party. Many families take their children door to door to their neighbor's homes to get candy. Some people feel that this has nothing to do with the ancient practices of former cultures.

The origins of Halloween go back to ancient Rome – and

later, the Celtic pagan religion of the Druids. Followers of both religions believed souls migrated from place to place. In order to keep these spirits from doing evil, they would dress up in scary costumes to frighten them away. They put out all their fires in their fireplaces in their homes so that it would be cold so no evil spirits would want to enter in. They also built bonfires to ward off these evil spirits.

In the third and fourth centuries, the Christian Church honored martyrs in the spring as a memorial of their faith.

By the eighth century, the Church designated Nov. 1 as "All Saints Day." The evening before this day was identified as "All Holy Eve," or "Hallows Eve." While superstitious beliefs characterized pagan activities, the Church changed the emphasis and focused on the positive message of the Christian saints and martyrs.

At Laughlin, some people will choose to celebrate Halloween this year – and others will choose not to. Who is right? Actually, it's not a question of right and wrong. It's a matter of being able to choose. Because we have the freedom and oppor-

tunity to participate in this tradition, it is up to the individual to choose whether to do so. Those who choose to participate have the responsibility to honor other people, their well being and property. Those who choose not to participate have the freedom not to. We should be sensitive to the rights of others to make free choices – one of the principles America was founded on.

We are stronger as a nation

when we have diversity of thought and the expression of different ideas. While not everyone may agree with our

choices, we have the right to choose and the right to express them. This gift is the envy of the world. There are those in other countries who only dream of these freedoms. While we may not agree on everything that is done in America, we have the fundamental right to freedom of expression.

To celebrate or not to celebrate Halloween is a freedom that we have as Americans. Whatever you choose to do Sunday, remember that it is the opportunity to choose that makes us free. May we exercise that freedom in acknowledging that God has truly blessed us as a nation.

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***To celebrate or not to celebrate Halloween is a freedom that we have as Americans.***

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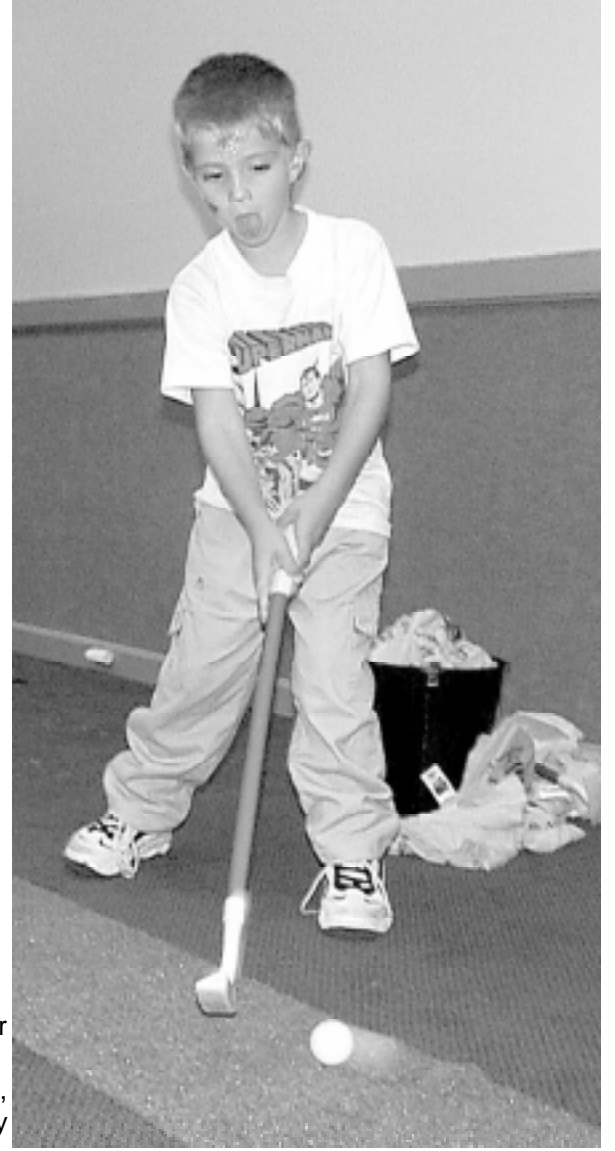
# Harvest Fest '99

*"An event for parents  
and children to come  
together to play games,  
get prizes and have fun  
for the whole family."*

**-Randall Tweedy**  
47th Services Division

Harvest Fest '99 took place Oct. 20 at the Fiesta Center and was sponsored by the 47th Services Division.

(Pictured clockwise from top left): Brooke Grandgenette, 9 months, daughter of 2nd Lt. Allan and Sandy Grandgenette, 47th Operations Support Squadron, fishes around in the duckpond – with a little help from mom; Dylan Holmes, 5, son of Capt. Tony and Ada Holmes, 47th Transportation Division, sends the golf ball toward a hole-in-one; Kyle Bird, 2, son of 2nd Lt. Dennis and Jodi Bird, 87th Flying Training Squadron, gets a temporary tattoo from volunteer Sylvia Gaviro; Zachary Lewallen, 6, son of Tech. Sgt. Brian and Toni Lewallen, 47th Operations Support Squadron, takes a break from superhero duties to have his face painted by Alma McCrary, 47th Services Division. (Photos by 1st Lt. Angela O'Connell and Senior Airman Mike Hammond.)



# Where are they now?

**Name:** Lt. Col. Allan F. Cobb.  
**Class/Date of graduation from Laughlin:** Class 84-06/ June 28, 1984.  
**Aircraft you fly and base you are stationed at:** U-2S and T-38, Beale Air Force Base, Calif.  
**Mission of your current aircraft:** High altitude reconnaissance.  
**What do you like most about your current aircraft?** It's an extremely difficult aircraft to fly and operate. Plus, you're doing a real-world mission (on your own) on a regular basis.  
**What do you dislike about your current aircraft?** The crudeness of some of the basic aircraft systems and the cramped cockpit.  
**What was the most important thing you learned at Laughlin, besides learning how to fly?** I learned something about myself: that within me was the capability of successfully taking on a long and difficult challenge.  
**What is your most memorable experience from Laughlin?** Signing the Form 8 after my last T-38 checkride – what a great feeling!  
**What advice would you give SUPT students at Laughlin?** Stick with it, no matter how much you are challenged. Take it one day at a time and remember to have fun and enjoy yourself while you're still a student!



Air Force photo of U-2



**‘Paint,’ from page 1**

outstanding service to promote airfield safety,” said Sam Campbell, 47th Operations Support Squadron airfield manager. “The edge line stripes on the taxiways were fading and it was becoming harder for pilots to see them; these lines and vehicle access lanes for fuel service trucks are currently being repainted. EAST has been extremely helpful and is doing a fast and excellent job.”

The project is now well underway, yet there were certain logistical problems that had to be overcome prior to launching the endeavor, said Briedwell. Initially, there was no striping equipment to do the painting with. However, after coordinating and setting up meetings on the subject, the purchase of a commercial striping machine was approved for \$1,200 and it became possible to begin the project.

Once the project was set into motion, planes were moved during normal duty hours to allow the employees to paint underneath them, which further reduced the costs. “The people of Laughlin Civil Service Aircraft Maintenance have also been a great help in working on this project,” said Campbell. “LCSAM has worked hard to move planes around the flightline so this project can be finished as soon as possible.”

“This project is really coming along fast,” Campbell continued. A great job is getting done here. Without the determination of all that have helped out and continue to work, things would never be going as smoothly and efficiently as they have,” he continued.

“We’re going to do it faster and at less cost to the government,” said Briedwell. “We are working hard to get the work done – thus promoting the mission here at Laughlin.”

**‘Wright,’ from page 2**

employed to compliment one another. A synergistic solution is better than compromise.

Habit 7: Sharpen the saw. The 47 FTW’s motto-making “XL” the standard and not just a goal challenges us to constantly sharpen our saws. We must learn, commit and do repeatedly to keep progressing. Renewal is the principle and the process for

growth and development in each dimension. Motivational and organizational theory adapts the four dimensions as follows: the economic (physical), how people are treated (social), how people are developed and used (mental), and the service, the job, the contribution the organization gives (spiritual).

The Seven Habits serve as keys to XLence for all of us re-

gardless of our mission or walk of life. In order to meet the objectives for continued personal and professional XLence, I offer three specific challenges... (a) Read or reread the Stephen R. Covey’s Seven Habits of Highly Successful People this month. (b) Begin with the Daily Private Victory and work from the inside out. (c) Apply consistent, persistent effort.

Together Everyone Achieves More (TEAM) at Laughlin, because you embraced the standard of XLence. “That which we persist in doing becomes easier - not that the nature of the task has changed, but our ability to do has increased.” (Emerson) Continue to learn, commit and do ... learn, commit and do again.

***Pet owners reminded to maintain care of animals with change of season, dropping temperatures***

This time of year, in most part of the country, the seasons start changing to fall and cooler weather. As many of us know, in Texas it can remain hot well into the last part of October. This puts a lot of pet owners into confusion because it's Fall – and yet the weather does not behave like it's Fall.

The most often-asked question during this time is “Does my pet need to remain on flea and heartworm preventatives?” The

answer is yes; a pet definitely needs to remain on its prevention program all year in order to avoid flea infestations, heartworms and intestinal parasites.

Slight changes in flea prevention applications will change with the onset of constant cold weather. The cold weather will decrease the insect population. This means that an owner can apply flea preventatives less frequently in order to

prevent the few remaining fleas from developing into huge populations, within the confines of your warm home.

Heartworm preventative is a year round medication because of the parasite's long incubation period. A pet bitten by a mosquito at the end of sum-

mer may not show signs of heartworm until the winter or spring. Heartgard will prevent infestation in the blood by killing off anything during that six-

month incubation period. It also prevents infestations of intestinal parasites such as roundworms and hookworms.

For more information on heartworms, fleas, intestinal parasites, current medications, pet products and veterinary appointments, call the Laughlin Veterinary Treatment Facility at 298-5500. Normal operating hours are from noon to 4 p.m., Monday through Friday.

***Slight changes in flea prevention applications will change with the onset of constant cold weather.***

# Safe, exciting Halloween planned for Laughlin kids

As children and parents gear up for a day of trick-or-treating, the people of Laughlin prepare for a safe and fun Halloween.

The hours of trick-or-treating will be Sunday from 6–8 p.m.

Twenty-five additional officers will be on duty and divided between enlisted and officer housing areas, said Master Sgt. Jimmie Davis, 47<sup>th</sup> Security Forces Squadron operations superintendent. A command tent will also be set up to run a radio network. Two policemen will be on bikes patrolling the area, and McGruff the Crime Dog to ensure safety.

Also, crash test dummies Vince and Larry will be available at the Book Mark Library to hand out glow bracelets, said Sharon Reeves, 47<sup>th</sup> Flying Training Wing ground safety manager. After this, they will go to Ribas–Dominicci Circle to give out the glow bracelets to those who missed them at the library.

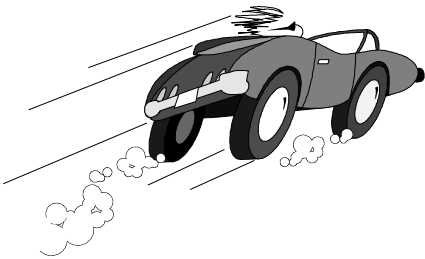
For more information on how to have a safe and enjoyable Halloween, call wing safety at 5679.

# Use caution, west gate when commuting to base

By Sharon K. Reeves  
47<sup>th</sup> Flying Training Wing  
ground safety manager

It's 7:29 a.m. - you know you're going to be late. It's the second time this week, and the boss is on your case. You pass over the hill doing 60 miles per hour (and you know it's 55 in the best conditions). Oh no – what's this? The traffic is backed up to just past the break of the hill. Screeeech – your tires skid as you frantically try to stop. But it's too late, and you crash violently into the car in front of you.

For a moment, you sit where your vehicle finally stops, dazed.



Then, you realize your neck hurts, and you see that the car you hit has crossed the lanes and is stopped in the median. Someone has called for help on a cell phone. You see the flashing lights, and now the full impact of the accident hits you.

This situation may be fictional, but it has happened like this only too often. Traffic backs up at the main gate for any number of reasons, including trains passing through, and the morning rush hour is particularly hazardous.

The Texas Department of Transportation has planned a \$2.3 million project for Highway 90 renovation, which in-

cludes extending the right turn lane to relieve some of the traffic back-up into the highway traffic lanes, but this project will take time to execute.

So what can you do to make your commute safer? You can use the west gate. It is the lesser used of the two entrances to Laughlin, and it open from 6:30 to 8:30 a.m., and again from 2 to 5:30 p.m. weekdays. This entrance brings you onto the base alongside the golf course. It is only 1.5 miles farther than the Highway 90 route to the main gate, and you won't have to wait for a train to pass.

If you are not familiar with

the route to get to the west gate, here are the directions from Del Rio: travel south on Bedell (Highway 277), crossing the intersection of Highway 90. Continue on Highway 277 for ap-

proximately five miles to the sign for a left turn to Laughlin. This road brings you to the west gate. This route alleviates traffic back up - and

even though it's slightly longer, it will probably get you to work in the same amount of time.

Safety is a group effort, and by using the west gate to enter the base, we can increase everyone's safety. Remember to drive safely and always use your seatbelt.

***Safety is a group effort, and by using the west gate to enter the base, we can increase everyone's safety.***



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**Capt. Patrick E. Baughan**  
**Class Leader**  
KC-10 – McGuire AFB, N.J.



**2nd Lt. Gregory R. Brown**  
F-16 – Terre Haute, Ind. (ANG)



**2nd Lt. Jeffrey K. Engberg**  
KC-135 – Fairchild AFB, Washington



**1st Lt. Marc D. Mulkey**  
**Assistant Class Leader**  
C-5 – Kelly AFB, Texas (AFRES)



**2nd Lt. Edward A. Burke**  
A-10 – Davis-Monthan AFB, Ariz.



**2nd Lt. Erik J.B. Fiederer**  
F-16 – Luke AFB, Ariz.



**1st Lt. David A. Johnson**  
F-15 – Tyndall AFB, Fla.



**2nd Lt. Jeffrey F. Cashion**  
KC-135 – RAF Mildenhall, U.K.



**2nd Lt. Kevin D. Fisher**  
T-37 – Laughlin AFB, Texas



## Mission complete: C



**2nd Lt. Jesse M. Baker**  
T-1 – Laughlin AFB, Texas



**2nd Lt. Timothy C. Ebner**  
F-15 – Kingsley Field, Ore. (ANG)



**2nd Lt. Craig M. Goldthwaite**  
C-21 – Wright Patterson AFB, Ohio



**2nd Lt. Timothy M. Gonyea**  
C-17 – Charleston AFB, S.C.

Student Undergraduate  
Training Class 00-01  
a.m. today in a ceremony  
Operations Training Center  
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The 52-week School of  
pares student pilots  
spectrum of Air Force  
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Training begins  
of physiological and  
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The second phase  
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subsonic T-37 Two-  
students learn flight  
emergency procedures  
landing, aerobatics  
ing.

Primary training  
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in the flight simulator  
hours.

After primary training  
pilots are selected for  
flight training in a  
track. The tracks in  
bomber and cargo p  
T-1 aircraft, fighter  
the T-38, turbo prop  
training in the Navy  
copter training in the

Advanced training  
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ground events, 31.6  
simulator and 118.7

Graduates of School  
have been assigned  
at duty stations thro



## Class 00-01 graduates

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pilot training in  
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5 hours in the flight  
7 flying hours.

UPT Class 00-01  
to various aircraft  
oughout the world.



**2nd Lt. Margaret D. Grafe**  
C-5 – Travis AFB, Calif.



**2nd Lt. M. Casey Knowlton**  
KC-135 – Salt Lake City, Utah (ANG)



**2nd Lt. Roy A. Lohse**  
B-52 – Barksdale AFB, La.



**2nd Lt. Christopher Hayden**  
A-37 – El Salvador



**2nd Lt. Matthew W. McDaniel**  
B-52 – Barksdale AFB, La.



**2nd Lt. Micheal J. Peeler**  
C-141 – McChord AFB, Wash.



**2nd Lt. Sean P. Holahan**  
F-16 – Luke AFB, Ariz.



**2nd Lt. Michael L. Mondeaux**  
C-5 – Dover AFB, Del. (AFRES)



**2nd Lt. Petr Svestka**  
SU-25 – Czech Republic



**2nd Lt. Jayme J. Jimenez**  
RC-135 – Offutt AFB, Neb.



**2nd Lt. Charles S. Parent**  
T-37 – Laughlin AFB, Texas



**2nd Lt. Jason S. Reiss**  
F-15E – Seymour-Johnson AFB, N.C.

Question of the week

**What is your favorite  
Halloween treat?**



“Minature Nestle Crunch.”

**Rudy Briones**  
*KDLK, 94.3 Radio*



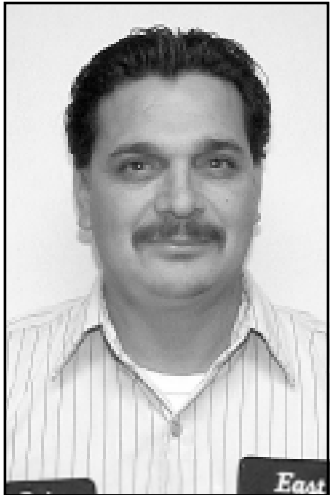
“Anything chocolate!”

**Brandi Elliott**  
*Miss Del Rio*



“The candy corns!”

**Amy Atemus**  
*Family member*



“All types of cany as long as they are sweet.”

**Ruben Ochoa**  
*Eagle Aviation Services and Technology, Inc.*

Get more information about your Air Force every Wednesday at:  
<http://www.af.mil/newspaper>

United States Air Force  
 **ONLINE  
news**





Photo by Airman Brad Pettit

Hank Bowman, 47th Aeromedical Dental Squadron exercise physiologist, instructs Senior Airman Jonathan McKeever, 47 ADS, on pedal cadence and proper breathing technique during his annual cycle ergometry test.

## New physical fitness tests scheduled for 2000

**By Hank Bowman**

*47th Flying Training Wing  
exercise physiology consultant*

It is fast approaching the year 2000. If things go as planned, Jan. 1, 2000 will be the date the Air Force institutes a battery of additional fitness tests to measure physical fitness.

Testing will consist of a muscular strength, muscular endurance and a flexibility test in addition to the existing bike test.

Why the change? Department of Defense directives 1308.1 and 1308.2, which became effective in 1995, establishes physical fitness guidelines for all branches of military.

These DoD directives instruct military services to develop, integrate and utilize physical fitness tests that can be used to evaluate cardiovascular and muscular endurance. The Air Force is currently out of

compliance with these directives and is taking corrective measures to comply.

Beta testing for calisthenics-based fitness testing was performed earlier this year. The results were inconclusive. This was due, in part, to variances in interpretation of the testing procedures at different bases and between test administrators.

So, it was back to the drawing board to devise a new way to come up with a standardized protocol.

There are currently two proposals being considered.

The first proposal would use standardized calisthenics, namely sit-ups, push-ups and a sit and reach test to augment the existing bike test.

The second proposal would use machine testing to assess muscular strength and endurance along with sit and reach for

flexibility and cycle ergometry to assess cardiorespiratory endurance. Regardless of the proposal, each member would have to attain a minimal score to meet standards. Guidance is expected by November with implementation taking place Jan. 1.

With all the proposed changes, one can expect a very active rumor mill as well. No, the bike test is not being eliminated. No, the Air Force will not be going back to the old walk-run. Yes, all testing will be accomplished on the same day, with the bike test being the first event.

For information, call the Health and Wellness Center at 6464.

No matter which proposal is implemented, Laughlin will be ready and in full compliance when the guidance is finally received.

## XL Fitness Center hours

Monday – Thursday	5 a.m. to Midnight
Friday	5 a.m. to 8 p.m.
Saturday, Sunday, Holidays and Goal Days	9 a.m. to 8 p.m.

# Hey!

## Double your in- take.

If you aren't looking at the United States Air Force Online News as an additional source of information, you aren't getting all of the news.

Check it out at:  
<http://www.af.mil/newspaper>

United States Air Force



## ONLINE news


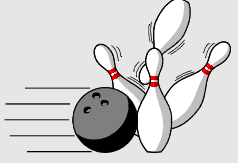
## The players' picks for NFL week 8

Each correct pick of weekly matchups earns a player one point, accumulating weekly. The three top players from the first half of the season will compete against the top three from the second half to determine the overall champion at the end of the playoffs. To participate in the second half of the season, contact the **Border Eagle** at 5393 by Oct. 21. This weeks matchups (home teams in bold): CAR – **ATL**, BUF – **BAL**, JAX – **CIN**, DAL – **IND**, S.D. – **K.C.**, CLE – **N.O.**, NYG – **PHI**, STL – **TEN**, CHI – **WAS**, N.E. – **ARI**, MIA – **OAK**, MIN – **DEN**, T.B. – **DET**, SEA – **G.B.**

<i>Reggie Woodruff</i>	<i>Mike Hammond</i>	<i>Brad Pettit</i>	<i>Clarence Hardy</i>	<i>RB Robinson</i>	<i>Tony Holmes</i>
CAR	ATL	CAR	CAR	CAR	ATL
BUF	BUF	BUF	BUF	BUF	BUF
JAX	JAX	JAX	JAX	JAX	JAX
DAL	IND	DAL	DAL	IND	DAL
<b>S.D.</b>	K.C.	K.C.	K.C.	K.C.	K.C.
N.O.	CLE	N.O.	N.O.	CLE	N.O.
PHI	PHI	PHI	PHI	NYG	NYG
STL	STL	STL	STL	STL	STL
WAS	<b>CHI</b>	WAS	WAS	WAS	WAS
N.E.	N.E.	N.E.	N.E.	N.E.	N.E.
OAK	OAK	OAK	OAK	<b>MIA</b>	OAK
MIN	MIN	MIN	MIN	MIN	MIN
T.B.	DET	DET	T.B.	DET	DET
G.B.	G.B.	G.B.	G.B.	<b>SEA</b>	G.B.

## Players' point totals

Mike Hammond – 58	Clarence Hardy – 50
Tony Holmes – 55 <small>(week 7 winner, 12 pts.)</small>	R.B. Robinson – 48
Reggie Woodruff – 51	Brad Pettit – 44

Flag football scores			Bowling scores		
NFC	W	L			
87 FTS	1	0	47 OSS	32	17
47 OSS	1	0	Boeing	28	21
85 FTS	1	0	47 SVS	27	22
47 MSS	0	1	47 SFS	26	23
47 CES	0	1	47 MSS	24	25
47 LCSAM	0	1	47 FTW	24	25
LSI	0	0	47 CES	22	27
			CDC	22	27
			47 COMM	20	29
			47 MED	18	24
					

**The Black Heritage Committee will host the third annual double-elimination basketball tournament Nov. 5-7 at the XL Fitness Center. Call 4109 for more information.**



Photo by Zenaphir Bond

## Art – a peel

Breanna Wilridge, 3, daughter of Master Sgt. (Ret.) Walter and Ayanna Wildridge, Eagle Aviation Services and Technology, Inc., decorates an orange Tuesday at the Child Development Center. The art work was part of the CDC's fall festival activities.

## Medical group closure

The 47th Medical Group will be closed for training Nov. 5. The primary care clinic and aerospace medicine will operate normal sick call hours. OB/ GYN will not have a sick call this day.

If you have an emergency, contact ambulance services at 6333. For further information, call Tech. Sgt Kevin Weinand at 6308.

## Recycle day

On Nov. 15 Laughlin will celebrate America Recycles Day by holding a conservation fair at the Fiesta Center. Many volunteers are needed.

Anyone interested in helping should contact Jodi Bird at 298-3475 or [bird@delrio.com](mailto:bird@delrio.com).

## AFSA meeting

Air Force Sergeants Association Chapter 1069, Laughlin branch, will have its monthly meeting Tuesday 12:30 p.m. in the base dining facility.

Everyone is invited. For questions, call Senior Master Sgt. David Bratton at 4176 or Senior Master Sgt. David Boseman at 5300.

## Life skills classes

The following are lists of classes conducted by the life skills clinic in the coming weeks:

■ Common sense parenting – a fun, practical and skills based workshop focusing on personal development of parents

with the growth of their children. There will be six sessions conducted in the 47th Medical Group training room from 11 a.m. to 1 p.m.

Session 1 – parents as teachers, Wednesday

Session 2 – effective praise, Nov. 10

Session 3 – preventive teaching, Nov. 17

Session 4 – corrective teaching, Nov. 24

Session 5 – teaching self-control, Dec. 1

Session 6 – putting it all together, Dec. 6

Those planning to attend must register at 6422 by Tuesday and are encouraged to bring their lunch.

■ Stress management – four sessions will be conducted on Tuesdays Nov. 16- Dec. 1 from 11:30 a.m. to 1 p.m. The theme is “stress is a fact of life, but it need not be a way of life.”

■ Couples communication – six classes Mondays and Wednesdays, beginning Monday Nov. 17 5-6:30 p.m. in the 47 MDG training room. Come learn new and exciting skills to nurture a lasting relationship with your partner.

■ New parent support – helping new parents before baby arrives.

An informational tour of the labor and delivery ward of the Val Verde Medical Center Nov. 1 at 6:30 p.m. The group will meet at the waiting room of the labor ward.

Second trimester class – Nov. 9 9:30-11:30 a.m. in the 47 MDG training room.

Third Trimester class – Nov. 16 9:30-1130 a.m. in the 47 MDG training room. Breastfeeding basics – Nov. 30 9:30-11:30 a.m. in the 47 MDG training room.

## Promotion testing cycles

The Air Force Personnel Center has announced the calendar year 2000 enlisted promotion testing dates. The testing dates for are:

00E6, technical sergeant – Feb 1-Mar 15

00E7, master sergeant. – Feb 1- Mar 15

00E5, staff sergeant. – Apr. 1-30

01E8, senior master sergeant. – Nov. 1-10

00E9, chief master sergeant. – Sept. 5-8

Although the test windows are smaller for every cycle, this change does not affect the promotion eligibility cutoff date for any grade. There is a possibility that the shorter test windows could result in earlier promotion releases; however, specific release dates are not being announced at this time.

Test rescheduling must be kept to an minimum to ensure everyone can be tested within the testing window. Individuals who will depart on temporary duty during the testing window must tested prior to their departure. Commanders support staffs and base testing offices must work close to ensure compliance with AFI 36-2605, para A10.10.3.3. if an individual is going to be TDY during the entire testing window they will be test prior to the publicized testing window if the test booklet is available. Members who decline testing when give the opportunity to test become ineligible for promotion for the remainder of the cycle. For more information, call Paulette Babin at 5350.

## Temporary duty expenses

The following guidance is from the Joint Federal Travel Regulation and provides terms for reimbursement of travel expenses associated with temporary duty:

Part F, paragraph U3510, travel in the TDY location – reimbursement for transportation expenses in the TDY area may be authorized for travel between:

■ lodging and duty site;

■ duty sites; or

■ lodging or duty site and dining facility.

Conditions for entitlement – when a member is on TDY and suitable meals or lodging cannot be obtained at the place of duty, the order-issuing official may authorize reimbursement for travel as indicated.

The member must furnish an acceptable statement that government transportation was not available or, if available, was not suitable for the travel involved.

Orders approval officials authorize reimbursement by signing block 21a of the DD Form 1351-2, Travel Voucher.

## Hunt club meeting

The Val Verde military sportsmans club, the base hunting club, is having a meeting at Java Ala Mode Nov. 5 at 7 p.m. The topic will be the firearm deer season, opening Nov. 13. There will also be a drawing for the deer stands.

For more information, call Staff Sgt. Kurt Rohl at 298-8855 or Senior Airman Frank Munderback at 5860.

## Flu shots

Allergy and immunization clinic personnel will be at the foyer entrance to the Operations Training Center, building 320, from 1-5 p.m. today to give the influenza vaccination to all members of the flying traning squadrons.

Flu shots will also be available to others, including family members, retirees and Department of Defense civilian workers, 9-11 a.m. Thursday and 1:30-4 p.m. Nov. 9 at the Fiesta Center.

## Hash run

The Noncommissioned Officers Association is sponsoring a Halloween Hash Run Saturday starting at 5 p.m. at the Fiesta Center parking lot. Participants are encouraged to wear a costume, one loose enough to run or walk in. A prize will be awarded to the person with the best costume.

Donation: \$4, food and beverages provided.

## Crafts bazaar

Laughlin's Officer Spouses Club's tenth annual arts and crafts bazaar will be at the Fiesta Center Nov. 5 4-8 p.m. and Nov. 6 8 a.m. to 4 p.m. Admission is \$2 for adults; children are admitted free. Tickets are good for both days.

For information, call Lisa Housum at 298-0242.